

September 2025 NEWSLETTER

The European Society for Paediatric Anaesthesiology

ISSUE #42



WELCOME WORD 2025

September 15, 2025

Connecting Paediatric Anaesthesiologists

Dear Colleagues,

It is with great pleasure that I welcome you to this edition of the ESPA Newsletter, published in anticipation of our Annual Congress in Berlin, taking place **from 2 to 4 October 2025**. Each year, our congress offers a unique opportunity for paediatric anaesthesiologists from across Europe and beyond to meet, exchange knowledge, and advance the care of the children and families we serve.

This year carries special significance, as we return to Berlin to celebrate the **15th anniversary of the very first ESPA conference**, which was also held here.

The scientific programme promises to be both stimulating and comprehensive, showcasing the latest advances in clinical practice, education, and research. Alongside

state-of-the-art lectures, hands-on workshops, and problem-based learning sessions, we look forward to lively discussions on emerging challenges and opportunities in our field. Our aim is to ensure that every participant leaves Berlin with practical skills and new insights that can be directly applied in daily practice.

Equally important, the congress gives us the chance to reconnect as a community—to share experiences, strengthen collaborations, and foster the collegial spirit that defines ESPA. Berlin, with its rich history and vibrant culture, will provide an inspiring backdrop for these exchanges.

On behalf of the ESPA Board, I warmly invite you to join us in Berlin. Your active participation is what makes our society thrive and ensures that paediatric anaesthesia in Europe, and beyond, continues to move forward together.

We look forward to welcoming you in Berlin.

With best regards,

Michael Brackhahn
ESPA President

ESPA EXBO VACANCIES

As the Chair of the ESPA Election Committee and on behalf of the Executive Board, I cordially invite you to participate in the election process of the new members of the Executive Board of the European Society for Paediatric Anaesthesiology. There are multiple vacancies that should be filled.

The specific functions (President–Secretary–Treasurer) will be elected from within and by the board after the inauguration. The nominations will open on October 5th and will close on October 15th, 2025.

The list of candidates will be published on the ESPA website on November 5th, 2025. Voting will take place electronically in November 2025, after which the new members will be informed. Every ACTIVE member shall receive a unique voting code along with the voting rules by e-mail. The new members of the Executive Board will be inaugurated at the (virtual) general assembly in February/March 2026.

Every active ESPA member (see statutes: https://www.euroespa.com/content/uploads/2020/08/01-2020-08-018-deed-of-amendment-articles-of-association-espa_translation_executed.pdf) can nominate him/herself for a position in the Executive Board by sending a motivation letter (max. 1 page) with a headshot and a curriculum vitae (max. 5 pages) to the past-president Jurgen de Graaff (info@euroespa.com). Feel free to contact me for more information. I am looking forward to your interest in serving our Society.

Sincerely,

Jurgen de Graaff
ESPA Past President

Timeline

October 15, 2025: Deadline for nominations

November 5 - 15, 2025: Elections

February/March 2026: Inauguration of ESPA Executive Board at General Assembly & assignment of roles

ESPA supported the "Consensus recommendations for paediatric airway topicalisation using lidocaine" Project

We are pleased to share that ESPA has been part of the collaborative project “*Consensus recommendations for paediatric airway topicalisation using lidocaine*”, which has recently been published in *Anaesthesia* (August 2025 issue). This practical guideline provides clear methods for topicalisation and is already being recognised as a valuable and user-friendly resource for clinicians.

 Read the publication here: [Anaesthesia](#).

ESPA supports Loco-regional anesthesia initiative

Taking paediatric regional anaesthesia and education to a new level, the InPlane group (International Network for Paediatric Locoregional ANaesthesia and Education) is building a groundbreaking, open-access platform for clinicians worldwide. In May 2024 the first milestone was reached with the publication of the seven Plan A blocks, following a collaboration between ESPA, RAUK, and APAGBI. Since then, CPAS and SPANZA have joined the project, and work has started on the Plan B series. Alongside its growing library of images and videos, a free mobile app, launching in 2025, will make all resources universally available. By uniting five leading societies from Europe, the UK, Canada, Australia, and New Zealand, InPlane represents an unprecedented global collaboration, taking paediatric anaesthesia education to a new level.

At the ESPA Congress 2025, the team will provide the attendees with a workshop as a part of the InPlane Initiative with the intention to explore and to demonstrate practical

and accessible guidance that empowers anaesthetists to integrate regional techniques into everyday paediatric care.

ESPA CONGRESS 2025 UPDATES

VENUE:

The ESPA Congress will take place at **Vienna House by Wyndham Andel's Berlin**. This stylish 4-star superior hotel not only offers state-of-the-art conference facilities but also the convenience of staying under the same roof where all sessions will be held. Located in the lively Friedrichshain district, the hotel is well connected to the city center, with excellent transport links, vibrant local culture, and plenty of cafés and restaurants nearby. You can look forward to a seamless and comfortable congress experience in one of Berlin's most dynamic areas.

To locate the venue on the map, please click [here](#).

UPDATED SCIENTIFIC PROGRAMME NOW AVAILABLE:

The scientific programme brings together leading experts in paediatric anaesthesia, offering a diverse range of lectures, workshops, and interactive sessions designed to provide both cutting-edge insights and practical take-home knowledge. We invite all delegates to review the latest updates and start planning their congress experience on our Congress website.

[Programme at a Glance.](#)

[Detailed Programme.](#)

CONGRESS REGISTRATION:

Registration for the ESPA Congress is filling up quickly! We warmly thank all those who have already secured their place. For those who have not yet registered, we encourage you not to wait until the last minute—registration closes on **30 September 2025**. Join us in Berlin for an inspiring and engaging congress. For further details, check the [Registration page](#).



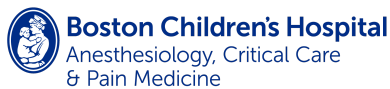
PARTNERS OF THE ESPA 15th CONGRESS

We warmly thank all our sponsors and industry partners for their generous support of the ESPA Congress. Their commitment makes it possible to host a vibrant meeting and to connect our community with the latest knowledge, tools, and solutions in paediatric anaesthesia. We encourage all delegates to visit our partners in the Exhibition Area, discover their innovations, and take the opportunity to exchange ideas directly with them.

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Our first product is **NeoDoppler®**. It enables you to **continuously & directly monitor the cerebral blood flow (CBF)** of your young patients, thereby providing you with new essential information to prevent brain damage.

We are looking forward to welcome you by our **Booth #6 at ESPA** and tell you more!

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ESPA MEMBERSHIP FEES 2025

We kindly remind you to renew your ESPA membership for 2025 to continue enjoying exclusive benefits, including:

- **Special Discount on the 2025 Congress** — Save on registration fees and join us for another outstanding event!
- **Enhanced Access to the Members' Zone** — including the *Pediatric Anesthesia Journal* and an extensive *Video Archive*.

To renew your membership and unlock these advantages, simply click here: [ESPA Membership Platform](#).

Thank you for being a valued member of ESPA. We look forward to sharing another year with you and sincerely appreciate your continued support.

OPPORTUNITIES FOR ESPA MEMBERS FROM IARS



The International Anesthesia Research Society (IARS) is offering three exciting opportunities designed to promote academic growth, global collaboration, and increased representation in anesthesiology research and practice. We are pleased to share these with our members from low-, lower-middle-, and upper-middle-income countries:

1 Global Scholars Award – Two-year research funding of up to \$20,000 to support early-career anesthesia providers in LMICs.

 **LOI deadline: 30 September 2025**

2 International Outreach Travel Grant – \$1,000–\$5,000 to present research at the IARS/SOCCA Annual Meeting in Montreal, 1–3 May 2026.

 **Application deadline: 23 November 2025**

3 Abstract Submission – IARS/SOCCA 2026 Annual Meeting – Share your research with a global audience of anesthesiologists and critical care physicians.

 **Submission deadline: 7 December 2025**

 Learn more on [the ESPA Website](#).

OTHER EVENTS

The 11th Congress of the European
Academy of Paediatric Societies
(EAPS 2025)



October 18-20, 2025, Lisbon

<https://eaps2025.kenes.com/>

2026 Annual Meeting,

presented by IARS and SOCCA

May 1-3, 2026, Montreal

<https://meetings.iars.org/>



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Questions? Comments? Feedback? Please let us know!

We are here to serve you.

Email us: info@euroespa.com

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