

JULY 2022 NEWSLETTER

The European Society for Paediatric Anaesthesiology

ISSUE #34



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**Dear colleagues, dear ESPA members,
Dear colleagues, dear ESPA members,**

The ESPA meeting **29 September - 1 October 2022** in Lisbon, Portugal is approaching soon. We truly believe that the future of our society and pediatric community is based on the social interaction. We feel that this conference will be a magnificent moment when everyone can finally meet each other again and enjoy our friendship and start new initiatives for collaborations in clinical practice and research.

We hope to see you all in Lisbon!

On behalf of the Executive Board,

Laszlo Vutskits, ESPA Past President
Jurgen de Graaff, ESPA President

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Abstracts´ last call

Last call! The deadline for the abstract submission is **12th July 2022**.

Abstracts may include original research, systematic reviews, case series, and case reports. After the success of the abstract walks in Rotterdam, we have decided to go again with **paper posters** since we feel that the old-fashioned paper posters offer the best opportunities for the researchers and public to stimulate the discussion with the audience.

Furthermore, the best ten abstracts will be selected by the scientific team for oral presentation in the main lecture hall on Friday afternoon in the “best abstract competition”.

Program

The conference will be organized in the Centro de Congressos de Lisboa. We think that we are offering you a very interesting program on state-of-the-art pediatric anesthesia with topics including updates in fasting and resuscitation care, neuromonitoring, periprocedural care, burns and scalds, and current controversies in pediatric anesthesia (video laryngoscopy, end of life, sedation, postoperative pain). Furthermore, we will have the classical *editor picks* (Danial Luca, Suellen Walker and Andrew Davidson), *my worst nightmare* (Nigel Turner), the *best abstracts session*, and *poster rounds* (with traditional paper posters).

Workshops

We will have three workshops in which two faculty members go into the details of:

1. Teach the teacher: simulation training in your own hospital, how to get started.

- *Eva Schaffrath*, Department of Anesthesiology Maastricht University Medical Center, Maastricht, The Netherlands
- *Nigel Turner*, Department of Anesthesiology University Medical Center Utrecht, The Netherlands

A little less than twenty years ago one of us (NT) gave a key note lecture on postgraduate education in pediatric anesthesia at the FEAPA congress in Cologne. At that time it was necessary to explain

what simulation training involved and what it might be good for. Since then simulation has become a standard, if not compulsory, component of anesthetic training programs in most European countries and simulation-sessions have become a frequent feature of ESPA congresses.

Simulation in many countries is an activity which mainly takes place in a simulation center often far removed from the operating environment of the anesthesiologist. This has many advantages such as state-of-the-art materials and highly trained facilitators who are experts in debriefing. But training in a center can make the act of simulation more abstract whereby the relevance for daily practice gets lost. Many colleagues – not all in smaller hospitals – would never consider introducing simulation in their own daily workplace. This is a pity as simulation in the workplace can offer much more than a training method. It is a great way to explore the lay-out, team-members' expected roles and local facilities and systems in your own operating room. It can also be used to try out new apparatus, explore critical incidents or test standard operating procedures. Such use of situational simulation can offer a rich technique for improving patient safety.

Of course it is not possible to just start simulating and expect immediate success. There are many factors and some essential prerequisites which need to be considered before starting. At the ESPA congress in Lisbon we will be giving a workshop to address these factors and preconditions. The session is aimed at those who do not yet have simulation in their own hospital but would like to consider introducing it. We will discuss a broad range of issues to consider when starting out including teaching materials and resources and useful educational and implementation strategies.

As with most projects the human resources are the key to success when introducing simulation. Therefore we hope to show how a motivated anesthesiologist can learn to debrief participants effectively by applying a few simple principles, based on those of EUSIM and the learning conversation.

We hope to see many of you in Lisbon, but please note that the workshop is aimed at those who are new to simulation training and is not intended as a masterclass for experts. It is also not a simulation teaching session.

2. Best practices, emerging techniques, and pitfalls in the analysis of big data

- *Virginia Tangel*, Clinical epidemiologist, Department of Anesthesiology, Weill Cornell Medicine (New York, USA), PhD student, Erasmus MC Sophia Children's Hospital (Rotterdam, The Netherlands)
- *Sanne Hoeks*, Clinical epidemiologist, Department of Anesthesiology, Erasmus MC (Rotterdam, The Netherlands)
- *Jurgen de Graaff*, Associate Professor of Paediatric Anaesthesia, Erasmus MC Sophia Children's Hospital (Rotterdam, The Netherlands)

What is 'big data'? How can you leverage your institution's anaesthesia information management system (AIMS) database to answer research questions related to perioperative medicine? What are some common pitfalls in the analyses and interpretation of results from studies using big data? The goal of this workshop is to familiarize participants with some best practices in the collection and analysis of big data.

Learning objectives:

- Identify best practices and emerging techniques in the collection of big data in the perioperative setting
- Identify common statistical considerations when analysing data or critically appraising studies using big data (including data from AIMS)

- Review the latest publications in paediatric anaesthesia which report findings from single- and multi-centre AIMS data

3. How to get your paper published

- *Andrew Davidson*, Anesthesiologist, Senior Staff Anaesthetist at the Royal Children's Hospital, head of Anaesthesia Research at the Murdoch Children's Research Institute, Professor in the Department of Paediatrics, University of Melbourne. Editor in Chief *Pediatric Anesthesia*
- *Susan Goobie, Francis Veykemas, Dean Kurth, Suellen Walker, George Chalikiadis*

This workshop is run by the editors of *Pediatric Anesthesia*. The session consists of a short interactive seminar and joint exercise exploring the key points of what makes a good research paper. This will be followed by an opportunity for small groups to meet with an editor for more detailed discussion about each of their specific projects or concerns.

Learning objectives

- Know the crucial elements that are needed for a publishable research paper
- Know the importance of the research question, how to articulate the research question and how to integrate it into a research paper
- Understand the processes behind publication
- Answer the key questions of workshop attendees

Problem based learning session

To stimulate interaction and sharing of knowledge among participants of the conference, we offer Problem Based Learning sessions. This is a format in which a maximum 8 participants will initiate the discussion of clinical approaches to cases presented by the lead moderator. We have a large variety of topics

- Epidermolysis bullosa for repeated hand surgery
- IV access, what line for what patient?
- Mediastinal mass
- The art of extubation
- GA for bronchoscopy for chronic cough
- Umbilical surgery; to intubate or not to intubate.
- Spinal Cord injury
- Laparotomy for 600g; locoregional?

Social activities

There will be plenty of time to visit the exhibition booth, socialize and meet again during the extra-long coffee and lunch breaks and *welcome reception* (Thursday) and *conference dinner* (Friday). We also will organize a *morning run* along the riverfront to the Torre de Belém (Friday morning).

All information is already available on the conference website:

<https://www.espacongress.com/>

Please, see the full program here:

<https://www.espacongress.com/social-events/>



ESPA mentoring program

At the upcoming ESPA conference in Lisbon, ESPA will start a mentoring program that enables linking junior paediatric anaesthesiologists (mentee) to more senior paediatric anaesthesiologists (mentor) on a one-to-one basis. This program aims to stimulate (international) sharing of knowledge and collaboration to improve clinical practice, science, education, and management within the paediatric anaesthesia community. The participants can decide on how to implement the program themselves. This can range from drinking a cup of coffee together at the congress, exchanging knowledge via e-mail, to visiting the workplace, etc. The mentor and mentee will be matched on the following topics for collaboration:

- Clinical practice
- Science
- Education

Junior and senior paediatric anaesthesiologists who are willing to participate are requested to register their interest in this commitment at the registration website of the 2022 ESPA conference (<https://www.espacongress.com/>) and are requested to prepare a short resume (max 300 words) of what they are looking for as mentees or what they can offer as mentors. A selection of the ESPA board will then match the mentors and mentees according to their preferences and specificities.

Before the conference, we will facilitate the mentor-mentee contacts. The kickstart of the program will be the ESPA conference in Lisbon at which the mentors and mentees will meet.

Disclaimer: ESPA cannot cover any financial expenses for arrangements made by the mentor/mentee.



ESPA membership renewal 2022

If your national society supports dual membership with ESPA, you do not have to renew your membership personally. This means that you are entitled to the reduced congress fee for ESPA members as long as you are a registered member of any one of the Serbian, French, Dutch, Belgian, Swiss or Swedish Paediatric Anaesthesia Society.

We encourage residents of other countries to contact ESPA via the membership portal Claudin to renew their personal ESPA membership. Please find instructions here: [Members | European Society for Paediatric Anaesthesiology \(euroespa.com\)](#).

Keep your benefits and gain a significant discount rate for the ESPA Congress 2022 registration (the Congress registration fees overview can be found [here](#)) and please note, that the Early Bird Special ends on 14 August 2022.

To renew your ESPA membership, click [here](#) for direct access to our membership platform.

Shall you need any further assistance, contact our Secretariat at: info@euroespa.com.

OTHER EVENTS

PROSA 2022

September 8-9, 2022, Maastricht

<https://www.prosaconference.com/>



European Paediatric Airway Symposium (EPAS) T-Rex Investigator Meeting

September 9-10, 2022, Genoa

<https://centroformazione.gaslini.org/evento.php?>

[IDE=311](https://centroformazione.gaslini.org/evento.php?)



European Academy of Paediatric Societies, EAPS 2022 Congress

October 7-11, 2022, Barcelona

<https://eaps2022.kenes.com/>



ESPA SUPPORTING PARTNER 2022

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Questions? Comments? Feedback? Please let us know!

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