

SUMMER NEWSLETTER

The European Society for Paediatric Anaesthesiology

ISSUE #12 / JULY 2017

Dear ESPA Members,

We hope this Summer Newsletter finds you well!

Each newsletter, we strive to bring and add interesting and detailed content that you won't get anywhere else.

Please read all the way through so you are up to date with ESPA news and information.

In this edition, you will find a very interesting and personal article with one of our National Society Representatives, more details information about Glasgow, news reports, and a special request to help out fellow ESPA members that truly need it.

Also, please remember that membership dues run from January - December so if you did not pay in December 2016, please do so now for the rest of the year and enjoy the ESPA member benefits!

We are continuously improving each edition so that you find it engaging, useful, informative, and personable. If you have any suggestions for us, do not hesitate to email us! You will receive an answer within 48 hours.

Don't forget to follow us on social media for reminders as well as the opportunity to connect with your fellow community anytime anywhere. Ask a question, engage, connect!

Please enjoy this Summer edition - we thank you for being a part of the ESPA Community. We look forward to seeing you in Glasgow!

Sincerely,

The ESPA President & Board Members



The ESPA Society aims to provide a variety of services for anaesthesiologists involved in paediatric anaesthesia which include: coordination and organisation of an annual international congress on paediatric anaesthesia via local organisation planning; establishing guidelines on the training, organisation and practice of paediatric anaesthesia; and acting as a centre of expertise for paediatric anaesthesiology.



Where do you work?

I work in the department of Anaesthesia, Paediatric Intensive Care and Emergency Medicine at the AUF DER BULT Children's Hospital in Hannover, Germany.

Where have you practiced before?

I have practiced at the Göttingen University Medical Centre (Göttingen/Germany), Royal Hospital for Sick Children (Edinburgh/Scotland/UK), Bonn University Medical Centre (Bonn/Germany), and Salisbury District Hospital (Salisbury/England/UK).



Where did you study medicine?

I studied at two places: the University of Cologne Medical School in Cologne, Germany and Georg August University of Göttingen Medical School in Göttingen, Germany.

Why did you choose to specialize in pediatric anesthesia?

I was really drawn to this specialty during my internship in the Department of Paediatric Anaesthesia at the Janeway Children's Hospital, St John's in Newfoundland, Canada. I was fascinated by working very precisely with high flexibility and in a large spectrum of ages and sizes. I also really enjoyed the interaction with children and their caregivers.

What is your favorite topic in pediatric anesthesia?

Among others I would say paediatric airway and respiratory management and regional anaesthesia in children of all ages.

How many members does your paediatric society of your country have?

The Scientific Working Group for Paediatric Anaesthesia (WAKKA) of the German Society of Anaesthesiology and Intensive Care (DGAI) have 624 members currently.

How is the specialization for paediatric anaesthesia organized?

There is no formal nationwide sub specialization. There are some local fellowships as well as participation in various fellowships abroad.

What are the most important projects your society is working on at the moment?

- Sub specialization/fellowship in paediatric anaesthesia.
- New and updated guidelines.
- Perioperative patient safety and quality of care.
- Interdisciplinary collaboration with our neighboring specialties, such as paediatrics (and subspecialties), paediatric surgery and other paediatric surgical specialties.

Which projects/issues of ESPA are important for your society?

Facilitating structures and processes to improve perioperative safety and quality including an EPA/ESA endorsed fellowship in paediatric anaesthesia.

What would you consider the most important development/discussion in paediatric anaesthesia at the moment?

See above... the same: facilitating structures and processes to improve perioperative safety and quality, including an EPA/ESA endorsed fellowship in paediatric anaesthesia.

What do you like to do in your free time, if you have any?

In my rather limited free time I like to be outdoors - mostly with my children and/or friends or sometimes alone.

Do you have a favourite quote or book that has made an impact on you?

"You can always give an anaesthetic to any child. The question is if you should." - Martin Jöhr

Help out an ESPA Colleague!

We are asking all ESPA members to please donate as little as 10 euros to the Low Income Grant Fund to help out members from LIC countries.

READ MORE in this newsletter about how ESPA can help the more you help.

UPCOMING EVENTS

**11th International Symposium on Pediatric Pain (ISSP)
July 6 - 9
Kuala Lumpur, Malaysia**

**Pediatric Sedation Conference
September 15 - 17
San Francisco, California**

**International Ultrasound MeetUp
October 13 - 14**

**ESPA Glasgow Congress
September 28 - 30
Glasgow, Scotland**

Further information can be [FOUND HERE](#) on the ESPA website

The SARNePI/ESPA Congress June 2017

The Società di Anestesia e Rianimazione Neonatale en Pediatrica Italiana (SARNePI) organized the 21st national conference with ESPA. The conference was a great success. On behalf of ESPA, Nigel Turner (who spoke on how to monitor blood pressure and haemodynamics in the operating room, and coagulation and visco-elastic testing in cardiac and non-cardiac pediatric surgery) Thomas Engelhart (from the SAFETOTS initiative), Jurgen de Graaff (who led Anesthesia Workstations: What's New), Fredi Schindler (who spoke about coagulation and visco-elastic testing in cardiac and non-cardiac pediatric surgery), and Nicola Disma (Chair) each presented a lecture during this excellent conference.





Simultaneous translation (Italian to English and vice versa) made it possible to answer questions, to have an interactive discussion with the audience, and to seamlessly follow the Italian spoken part of the conference. We celebrated via a delicious conference dinner in the beautiful historic church and monastery of Santa Giuliana of the XIII and XIV centuries.

A special note and summary from Marina Sammartino, SARNePI President

One week ago the SARNePI-ESPA joint meeting just ended. It was set in the beautiful environment of Perugia which was a wonderful frame around our activities. We had the pleasure and the honour to host four ESPA colleagues that brought interesting presentations and case –base discussions. They were also attending our Italian sessions and actively participating, thanks to the simultaneous translation.

We confirmed our shared interest and support of the safetots initiative and as a result, the endorsement by SARNePI was kindly put onto the safetots.org website. We are really satisfied with that and we hope this collaboration will have a continuity.

Thanks to the efforts of Simonetta Tesoro, President of the Congress, as the meeting was very full with presentations, case base discussions, study groups meetings, posters and the shareholder's meeting which announced the new Executive Board 2017-2019.

*But, even after **sharing** many commitments, we found a little time to **enjoy** the city and the companionship with our ESPA colleagues and to **learn...** To learn that to be smart in Italy, you should NEVER wear white short socks with sandals and men should NEVER wear short sleeves during summer. I can say that Ehrenfried was a very diligent student indeed - he learned quickly!*

I would really like to thank Ehrenfried, Nigel, Jurgen and Tom for being with us in Perugia and I look forward to meeting you all in Glasgow!

[You can view the full report here.](#)



"TODAY'S RAIN IS TOMORROW'S WHISKEY"- Scottish Traditional Proverb

The second largest city in Scotland, Glasgow has received accolades such as Unesco City of Music and European City of Culture, but it's history dates back as far as the 6th century.

Did you know that there is more marble in the [City Chambers](#) of Glasgow than there is in the whole of the Vatican?
This is your welcome drink location.

FUN FACTS:

The University of Glasgow was founded in 1451 and, owing to its links with the church, many lectures were given in the crypt!

Built in 1867, the main building of the University of Glasgow is the second largest example of Gothic Revival in Britain.

Nicknamed the Clockwork Orange, Glasgow is home to Scotland's only underground railway system and the third oldest in the world.

Museums, beautiful architecture, parks, sports, whisky, golf, castles.... so much to see!

[Read more HERE](#) about things to do in this beautiful city and around Scotland.



Don't forget your kilt.

The final version of the scientific programme will be on the website soon.

EARLY BIRD REGISTRATION NOW CLOSED

[You can still register here.](#)

ABSTRACT SUBMISSIONS CLOSED - ACCEPTANCE/REJECTION NOTICES WILL BE SENT OUT IN JULY

[Low Income Country Grant Fund](#) - Help your ESPA Community



One of ESPA's aims is to support colleagues from Lower Income Countries so they may attend the congresses and workshops and bring that knowledge back to their home country. ESPA has a goal to support at least one colleague per year and support them together as a community.

If you can help and donate as little as 10 euros, please use pay into this account below:

IBAN: DE73 2707 0024 0312 0326 00

BIC: DEUTDEDB270

Reference: ELIC Grant

For every euro donated, ESPA will donate the same amount to this fund.

"For every donation, ESPA will issue a certificate stating that the money was spent in this fund in order to declare this in your tax declaration."

ESPA NEWS

Incidence of severe critical events in paediatric anaesthesia (APRICOT): a prospective multicentre observational study in 261 hospitals in Europe



Background

Little is known about the incidence of severe critical events in children undergoing general anaesthesia in Europe. We aimed to identify the incidence, nature, and outcome of severe critical events in children undergoing anaesthesia, and the associated potential risk factors.

Methods

The APRICOT study was a prospective observational multicentre cohort study of children from birth to 15 years of age undergoing elective or urgent anaesthesia for diagnostic or surgical procedures. Children were eligible for inclusion during a 2-week period determined prospectively by each centre. There were 261 participating centres across 33 European countries. The primary endpoint was the occurrence of perioperative severe critical events requiring immediate intervention. A severe critical event was defined as the occurrence of respiratory, cardiac, allergic, or neurological complications requiring immediate intervention and that led (or could have led) to major disability or death. This study is registered with ClinicalTrials.gov, number NCT01878760.

[PLEASE FIND THE FULL ONLINE STUDY AND ACCOMPANYING EDITORIAL OF J LERMAN HERE.](#)

You can also find a press release on the first APRICOT online study in Lancet Respiratory Medicine [HERE](#).

SPANZA Advisory on Tramadol - Use of Tramadol during breastfeeding and in the Neonate 15 June 2017

Background

On 20th April 2017 the FDA issued a drug safety communication recommending against the use of codeine and tramadol medicines in breastfeeding mothers due to possible harm to their infants.

The communication included: "A strengthened "warning" to mothers that breastfeeding is not recommended when taking codeine or tramadol medicines due to the risk of serious adverse reactions in breastfed infants. These can include excess sleepiness, difficulty breastfeeding, or serious breathing problems that could result in death."



[PLEASE FIND THE FULL ARTICLE HERE.](#)

[Homemade Phantom Recipe](#)



ESPA MEMBERSHIP BENEFITS

- Reduced registration fees for the annual ESPA congress
- Reduced subscription rates to the journals [Paediatric Anaesthesia and Anaesthesia and Intensive Care Medicine](#)
- Free subscription to the [ESPA Newsletter](#)
- Opportunity to participate in different ESPA Committees
- Opportunity to publish articles in ESPA Newsletters and in the specialized sections of the website
- Participation and voting right at the online elections of the Executive Board, right to nominate and right to be nominated to the Executive Board (only active members are entitled)

- Participation at the General Assembly
- Access to our website members-only area
 - On-line access to video recordings from ESPA congresses, abstracts and other documents
 - Members Directory
 - Access to personal account enabling smooth proceeding of payments and administration membership fee.



NEW LINKEDIN COMPANY PAGE

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[CLICK HERE TO FOLLOW](#)

MEMBERSHIP PAYMENTS

Your membership runs from January - December each year.
If you have not renewed for this year, [please do so HERE.](#)

If you are unsure, email us! info@euroespa.com

Questions? Comments? Feedback? Please let us know!

We are here to serve you.

Email us: info@euroespa.com

We would like to thank our ESPA Partners this year and we look forward to Glasgow together!



ClearLine MD



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Improving Quality of Life

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