



Nadia Najafi M.D.

Short CV

I obtained my medical degree from the Free University of Brussels (Vrije Universiteit Brussel - VUB) in Brussels, Belgium in 1994. I then first completed my residency training in paediatric speciality at the University Hospital of Brussels (Universitair Ziekenhuis Brussel – UZBrussel), followed by a 2.5 year training on NICU, PICU, Paediatric Cardiac Intensive Care, ECMO, and Children’s Acute Transport Service at Great Ormond Street Hospital for Children in London, UK. Subsequently, I completed my residency training on Anaesthesiology and Paediatric Anaesthesiology at the University Hospital of Brussels (UZBrussel). From 2009 up to now, I serve as a consultant paediatric anaesthetist at UZBrussel. Moreover, I am the mother of two wonderful sons who gave me the courage to carry on working hard while enjoying little things in life.

Membership, Committees, Scientific Societies

I am a member of the ESPA since 2009. I have been Belgian representative at the ACORN of ESPA up to 2018 and the chairperson of the local organizing committee of the ESPA Congress in Brussels in 2018. Since 2018, I am the vice-president of the Belgian Association of Paediatric Anaesthesiology (BAPA). I am also an active member of the Belgian Paediatric Pain Association, a section of the Belgian Pain Society.

Award

ESPA congress, Sept 2-4, 2010. Berlin. Germany. For the best oral presentation of a clinical research entitled “A randomized controlled trial to reduce postoperative pain in children undergoing tonsillectomy using around-the-clock analgesic administration by written versus verbal discharge instructions to parents”

Scientific activities

I am involved in several European, international and institutional research activities. I am currently preparing a PhD thesis entitled “Safety issues and barriers to be overcome in paediatric anaesthesia practice in- and outside the operating room”. It is hoped that this work, depending upon the current COVID situations, can publically be defended soon.

I apply for a position on the Executive Board of the ESPA because ESPA is the organization that promotes safe paediatric anaesthesia practice across the European anaesthesiologists by allowing them to share their clinical experiences and to collaborate for research purposes. One of the fields of paediatric anaesthesia that should deserve much more attention is paediatric procedural sedation and analgesia by anaesthesiologists or Monitored Anaesthesia Care outside the operating room because many anaesthesiologists are involved in this activity. I think it would be very useful to shed light on this not uncommon anaesthesiologist’s activity, to collaborate with paediatrician and acute care colleagues who are also involved in paediatric sedation, and to communicate through a platform of dedicated persons such as an ad-hoc subcommittee.