

NEWS FROM THE PRESIDENT

Dear members of ESPA,

In this issue of the ESPA newsletter we are pleased to announce the launch of our new website that was created with the aim of providing you with better structured information and comprehensive content. We hope that our new website will become a useful resource.

I am also pleased to announce that you can now access video recordings from the Annual ESPA Congress in Prague. All the video recordings are accessible for ESPA members via the only-member area of the website.

Since Christmas time is coming, ESPA would like to wish you all a Happy Christmas and good health, personal joy and professional success and satisfaction in the New Year 2015!

Sincerely yours,



Neil S. Morton
President, ESPA

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JOIN ESPA

Become a member of the biggest European community of paediatric anaesthesiologists! To apply for membership, create your account [HERE](#)

GET ACTIVE: JOIN ESPA COMMITTEE!

Get more involved in ESPA activities by joining one of our ESPA Committees. For more information, contact us at info@euroespa.com

FOLLOW US ON TWITTER, LINKEDIN AND FACEBOOK

HELP US TO REACH 200 FOLLOWERS ON FACEBOOK BY 31ST DECEMBER 2014

For more information, click on the Facebook button below or click here:

<https://www.facebook.com/euroespa>



HOT NEWS - NEW WEBSITE AND MEMBER PORTAL

www.euroespa.com

APPLY/RENEW YOUR MEMBERSHIP AND GET DISCOUNT

Since **1st December 2014** members of ESPA can renew their membership for 2015 in our member portal. More information on how to access the member portal can be found on the coming page.

We have prepared for you **three options of membership periods**: 1-year, 2-years and 3-years membership.

If you apply for 2-years membership, you get **€10 discount** on your membership fee. With 3-years membership, you get **€20 discount**.

Membership Benefits:

- Reduced registration fee to the annual ESPA Congress;
- Reduced subscription rates to the journals Paediatric Anaesthesia and Anaesthesia and Intensive Care Medicine;
- Access to the members' area of the ESPA website;
 - On-line access to video recordings from ESPA congresses, abstracts and other documents;
 - Members Directory;
 - Access to personal account enabling smooth proceeding of payments and administration of congress fee and membership fee;
 - And more....

Don't miss this opportunity and apply for membership of ESPA!

HOW-TO

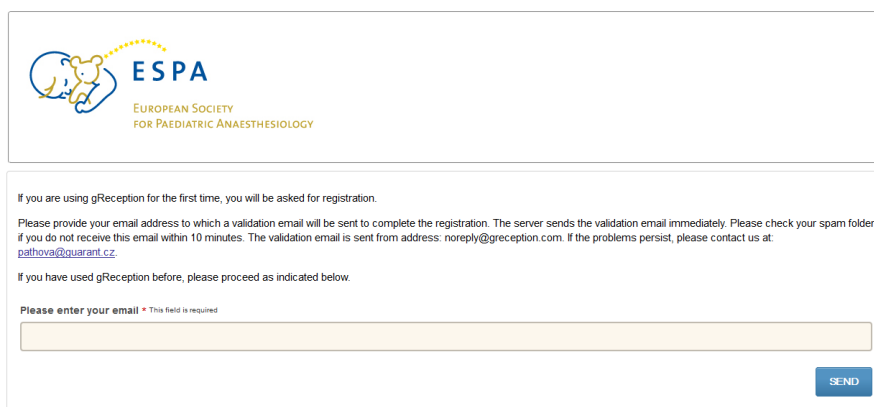
ACCESS THE NEW MEMBER PORTAL AND ONLY-MEMBER AREA

Our new website was redesigned in a user-friendly format and with social sharing features. The website also features a section dedicated to recordings and a listing of documents from the past congresses, both accessible via only-member area.

▪ HOW TO CREATE/ACTIVATE YOUR ACCOUNT WITH ESPA

Are you a member of ESPA (paying and not-paying) and you have not registered your e-mail address and a new password in our member portal yet? All ESPA members (paying and not-paying) have been sent e-mail to remind them of their registration e-mail. If you have not received any e-mail, please contact us at info@euroespa.com and we will remind you of your registration e-mail.

Your registration e-mail needs to be filled in the form **HERE** to **activate your account**. You will be asked to create a password for your account.



The screenshot shows the ESPA registration form. At the top is the ESPA logo: a stylized bear holding a syringe, with the text "ESPA EUROPEAN SOCIETY FOR PAEDIATRIC ANAESTHESIOLOGY". Below the logo, there is a registration form with the following text:

If you are using gReception for the first time, you will be asked for registration.

Please provide your email address to which a validation email will be sent to complete the registration. The server sends the validation email immediately. Please check your spam folder if you do not receive this email within 10 minutes. The validation email is sent from address: noreply@greception.com. If the problems persist, please contact us at pathova@guarant.cz.

If you have used gReception before, please proceed as indicated below.

Please enter your email * This field is required

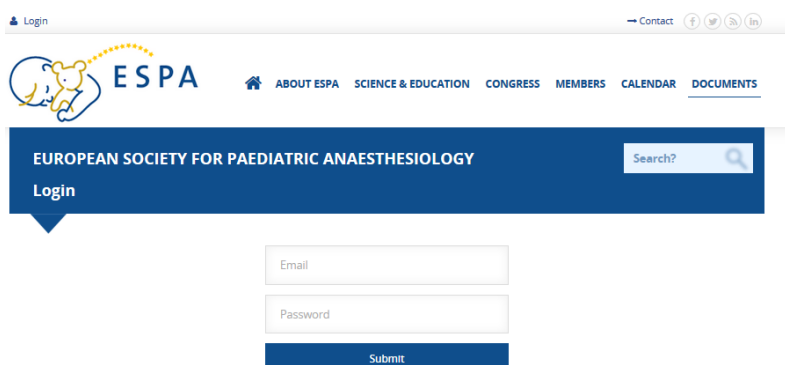
Below the text is a text input field for the email address and a blue "SEND" button.

After you get access to the member portal, you can easily administer your membership fee and renew your membership for 2015.

▪ HOW TO ACCESS THE ONLY-MEMBER AREA OF OUR WEBSITE

To access the only-member area of your website with the video recordings and documents from previous congresses, you need to be a **paying member** of ESPA.

After you **activate your account** (see above), you can login **HERE** using your registration e-mail and password to access the only-member area of our website.



The screenshot shows the ESPA website's login page. At the top, there is a navigation bar with "Login" on the left and "Contact" followed by social media icons on the right. Below the navigation bar is the ESPA logo and a menu with items: "ABOUT ESPA", "SCIENCE & EDUCATION", "CONGRESS", "MEMBERS", "CALENDAR", and "DOCUMENTS". A dark blue banner contains the text "EUROPEAN SOCIETY FOR PAEDIATRIC ANAESTHESIOLOGY" and a search box. Below the banner is a "Login" section with two input fields: "Email" and "Password", and a blue "Submit" button.

If you experience any problems using the new website or if you have any questions, please contact us at s.pathova@euroespa.com

ESPA SUPPORTS

OrphanAnesthesia PROJECT



During the last decades anaesthesia has become safer and safer and the decrease of anaesthesia-related mortality is a success story. But this is not true for all patients. Patients suffering from rare diseases are still in a high-risk situation while undergoing surgical procedures and anaesthesia. One reason beside the disease related risk itself is the lack of knowledge by the attending anaesthetist.

OrphanAnesthesia (www.orphananesthesia.eu) is a common project of the Scientific Working Group of Paediatric Anaesthesia of the German Society of Anaesthesiology and Intensive Care Medicine, the German

Society of Anaesthesiology and Intensive Care Medicine (DGAI), the European Society for Paediatric Anaesthesia (ESPA), anaesthetists and disease experts with the aim to contribute to the patients' safety by promoting recommendations for anaesthesia in patients suffering from rare diseases. Therefore the internet platform OrphanAnesthesia organizes the preparation and publication of concise recommendations for anaesthesiologists.

OrphanAnesthesia actively recruits authors and reviewers to prepare peer reviewed, readily accessible and up-to-date recommendations who will reflect the best evidence available. OrphanAnesthesia is an international project. English is the main project language, our contributors come from all over the world. All OrphanAnesthesia recommendations are available free-of-charge without requiring special login data.

Professor Dr. med. Tino Münster, MHBA

SAVE THE DATE

ESPA CONGRESS ISTANBUL

In cooperation with the Turkish Anaesthesiology and Reanimation Society TARD

17TH-19TH SEPTEMBER 2015

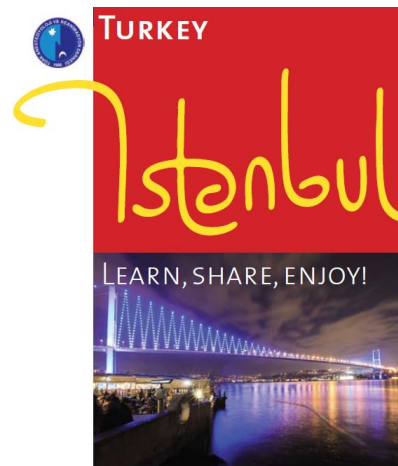
Dear colleagues,

It is our great honour and privilege to invite you to the **7th ESPA European Congress on Paediatric Anaesthesia** in collaboration with the Turkish Society of Anaesthesiology and Reanimation (TARD) which will be held on September 17-19, 2015, in the Wow Hotel, Istanbul.

The main theme of the congress will be *Technology* with lectures, symposia, seminars and workshops focussed on advances in monitoring, measurement and equipment of interest to paediatric anaesthesiologists. Key topics in paediatric anaesthesia and pain management will also be covered in a variety of educational formats ranging from formal presentations to case-based discussions and hands-on workshops. More than 400 participants from Turkey and European countries are expected to attend the congress.

The ESPA Congress provides a unique opportunity to meet paediatric anaesthesiologists from around the world, to learn, share and enjoy through formal and informal exchanges. It has gained an unparalleled reputation as friendly congress for paediatric anaesthesiologists to attend each year and, in addition to the scientific program, an appealing social program (including a boat cruise with dinner and a series of visits to Istanbul's historical landmarks) has been prepared.

For more information about the congress, see our website:
<http://www.euroespa.com/congress/2015-istanbul/>



We look forward to welcoming you to Istanbul!

Neil Morton
President, ESPA

Dilek Özcengiz
Local Organizing Committee Chair

PAEDIATRIC ANAESTHESIA IN SERBIA HOSTING COUNTRY FOR 2016 ANNUAL ESPA CONGRESS

In Serbia we have about 50 anesthesiologists (including residents) practicing only pediatric anesthesia. We are organized in a Sub-Section for Pediatric Anesthesia of the Serbian Medical Society, but we are thinking about creating a Society of Serbian Pediatric Anesthesiologists.

We have four specialized pediatric centers – two in Belgrade, one in Novi Sad and one in Nis. We meet at least three times each year at various scientific meetings in the field of pediatric anesthesia and intensive care to discuss actual problems.



In Serbia we have a core training program of 5 years, which has been shortened to 4 years as an attempt by our government to solve the problem of a lack of anesthetists caused by emigration for economic reasons. During the core program residents have to spend 6 months (now 4) of clinical practice in pediatric anesthesia (including neonatal) and ICU. The examination at the end of the training has three parts – written, practical and oral.

The awareness of patient safety is increasing in our country, so we are working on getting better equipment for pediatric use at regional hospitals as well as in specialized centers, and trying to implement the European guidelines and standards in our clinical practice. Limited resources are still our main problem.

Competencies in pediatric anesthesia is a crucial part of patient safety. Anesthetists in general district hospitals do not feel confident to perform pediatric anesthesia, but sometimes, in cases of emergency, they have to do it. Our Sub-section tries to expand education programs and to organize frequent quality continuous medical education programs in the field of pediatric anesthesiology and resuscitation.

One of the traditional seminars is the International Summer School of Pediatric Anesthesia, which takes place in University Children's Hospital, Belgrade, Serbia. This year we had our 6th International Summer School of Pediatric Anesthesia. The goal of the School is to bring continuing

medical education activities in pediatric anesthesia to Serbia and hopefully to improve the practice of pediatric anesthesia.

To achieve that we use a variety of formats - from 20 minute lectures, many workshops, debates and interactive case presentations. Every year we have a number of foreign experts as guests.

The main pediatric topic this year were coexisting diseases and pediatric anesthesia, simulation-programs, and Ultrasound in pediatric anesthesia. MCQ evaluation at the end of each course showed that participants improved their knowledge for about 30%. Many participants completed evaluation forms with high appreciation and supportive comments. They also emphasized how much they improved their skill and confidence during this School. The program has become the gold standard in the field of pediatric anesthesia education. A lot of personal initiative was needed. This year the program accepted participants from the whole region.

We also organized a number of one day courses, in Belgrade Institute for the Mother and Child, in Novi Sad, and in Niš. In Niš, the traditional three-day April seminar in the field of anesthesia and intensive medicine, the pediatric component is always significant.

We are very happy that all pediatric centers in Serbia have taken part in the APRICOT study.

Dr Milenovic from the WFSA educational committee and I (as a chair of the Pediatric committee in WFSA) are still working on preparing proposal to establish a Regional Training Centre for Paediatric Anaesthesia in Belgrade, for anesthesiologists from the regions of the former Yugoslavia, the former USSR, the Middle East and North Africa. We hope that our Medical Faculty at the University of Belgrade will support that program.

The dynamism of the Serbian Physicians Society, Sub-section for Pediatric Anesthesia, were chosen as the **host destination for the 8th ESPA congress in 2016**. Let us assure you that we will do our best to make this congress successful and memorable.

Prof Dusica Simic



GET ACTIVE: JOIN ESPA COMMITTEE

As a member of ESPA you are entitled to participate in one of the ESPA committees. ESPA members who would like to participate in one of the committees should send their CV and statement to the attention of the chairperson.

The committees with the corresponding chairpersons are listed below:

- Guidelines: Torsten Lauritsen (Denmark) - t.lauritsen@dadlnet.dk
- Scientific Committee: Tom Hansen (Denmark) - tomghansen@dadlnet.dk
- Patient Safety: Markus Schily/Ehrenfried Schindler (Germany) - markus.schily@gmail.com
- Education: Riku Aantaa (Finland) - riku.aantaa@gmail.com
- Pain: Per-Arne Lonqvist (Sweden) - per-arne.lonnqvist@ki.se
- Ultrasound in regional anaesthesia: Steve Roberts (UK) - steve.roberts@alderhey.nhs.uk
- Ultrasound in vascular access: Ehrenfried Schindler (Germany) - e.schindler@asklepios.com

JOIN ESPA

GET REDUCED SUBSCRIPTION RATE TO THESE JOURNALS

For 2015, the personal ESPA members' rates for Pediatric Anesthesia journal and Anaesthesia and Intensive Care Medicine journal are as follows:

Pediatric Anesthesia:

Print + online: € 179

Anaesthesia and Intensive Care Medicine

Active and Affiliate members: £170

Trainee members: £120

To get the discount you need to use special promotional codes while subscribing to the journal. The promotional codes and links to each journal's subscription system can be accessed via the only-member area of the ESPA website:

<http://www.euroespa.com/science-education/publications/journals-for-members/>

Join us on Facebook and help us to achieve **200** followers by the end of 2014!

To follow ESPA on Facebook, click on the Facebook button



CALENDAR OF UPCOMING EVENTS

- **Principles of Pediatric Anesthesia and Critical Care**
Date: 8-10 May, 2015
Location: The Fairmont Copley Plaza, Boston, MA
Organizer: Harvard Medical School, Boston Children's Hospital
Url: <http://www.pediatricanesthesiaconference.com/>
- **26th Annual Meeting of the European Society for Paediatric and Neonatal Intensive Care**
Date: 10-13 June, 2015
Location: Vilnius, Lithuania
Organizer: ESPNIC
Url: <http://espnec.kenes.com/>
- **APA Annual Scientific Meeting, Aberdeen**
Date: 14-15 May, 2015
Location: Aberdeen, Scotland
Organizer: Association of Paediatric Anaesthetists of Great Britain & Ireland, Society for Pediatric Anesthesia
Url: <http://www.apagbi.org.uk/professionals/meetings/annual-scientific-meeting>
- **2015 Annual ESPA Congress in Istanbul**
Date: 17-19 September, 2015
Location: Istanbul, Turkey
Organizer: ESPA
Url: <http://www.euroespa.com/congress/2015-istanbul/>
- **5th International Congress on Neuropathic Pain**
Date: 14-17 May, 2015
Location: Nice, France
Organizer: IASP
Url: <http://neupsig.kenes.com/>

COLOPHON

European Society for Paediatric Anaesthesiology

Registered address: Dept. anaesthesia, The Royal Hospital for Sick Children, Dalnair Street, Glasgow, G3 8SJ Website: www.euroespa.com

Our editorial team very much welcome any suggestions, comments and contributions to our Newsletter. If you would like to contribute to our Newsletter with an article, please contact us at info@euroespa.com.